



THE INNBETWEEN
STUDENT CHAPLAINCY

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Hi everyone,

My name is Amy and I was a student board member and part of the Tafelen team in the academic year 2019/2020. Tafelen is a weekly event that occurs every Thursday night where we cook a three-course vegetarian meal for about 40-45 people on average.

What I learned from being part of Tafelen this year is that I got to be creative every week and got to challenge myself. I have also learned to practice more leadership and communication skills by dividing the volunteers into groups and splitting the cooking and prepping tasks. Most importantly, I have learned to become a better planner because I had to:

- Find 3 tasty vegetarian recipes every week
- Take into account the cooking time and method of each recipe (this is important because there is only one oven available and 4 induction stoves)
- Doing calculations for 40-45 people and buying the groceries online and offline
- Making sure there is an alternative for people with specific food allergies and/ or preferences e.g. gluten-free, vegan food

What I did not expect is that it can be pretty stressful sometimes. Especially when things do not go according to plan. However, I have also learned to adapt when things do not work out as planned and it has always worked out in the end. It is also really nice that the Tafelen position consists of two people, because you learn from each other, try new recipes out and it definitely makes things more manageable. Moreover, there is at least one more person from the student team that helps you out every week.

The people are what truly makes Tafelen great! Because of Tafelen I have made new friends and have strengthened friendships that I already had. The InnBetween team, volunteers, and the people who come to eat are all lovely and I really found that sense of community that I was looking for. Doing Tafelen was a rewarding experience and it is always nice to hear at the end of the night that people liked the food and had a nice time.

All the best,
Amy